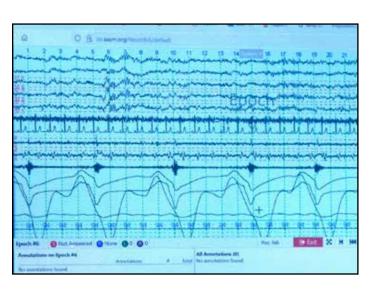




### Personality + Career

You will succeed as a polysomnographic technologist if you are a detail oriented and strong communicator who is comfortable working nights by yourself or with a small group of people.

| Program                        | What do students learn in the program?   | What you'll<br>earn!                         | Career<br>Opportunities  | Certificate Preparation   | Required Tools,<br>Supplies, and<br>Uniforms  |
|--------------------------------|--|--|--|---|---|
| Polysomnographic<br>Technology | Students learn all aspects of performing polysomnograms and learn the roles and responsibilities of a technologist. Students will also learn the sleep-wake cycle, the pathologies of sleep disorders, and how to classify sleep disorders. The impact of medical conditions and medications on sleep and managing chronic conditions is also taught. Processes, procedures, interfacing and troubleshooting equipment and devices, and patient education are also covered. Students will prepare for the board exam as part of the program. | \$19.40 per<br>hour;<br>\$40,352<br>annually | Sleep Trainee Sleep Technician Sleep Technologist Sleep Scorer Sleep Center Director | Students are eligible to take the internationally recognized credential RPSGT exam (through the BRPT) upon graduation. RPSGT: Registered Polysomnographic Technologist BRPT: Board of Registered Polysomnographic Technologists | Medical scrubs<br>based on<br>clinical site<br>requirements.<br>Computer with<br>Internet access. |





#### >> Your Next Steps to Choose SCC

- ► Schedule a Campus Visit southeast.edu/visit
- Explore career options with an Admissions Counselor southeast.edu/admissionsadvising
- ► Apply <u>southeast.edu/applynow</u>

#### » Paying for SCC

Payment Plan - mycollegepaymentplan.com/southeast



Scan this code to find out more about Polysomnographic Technology

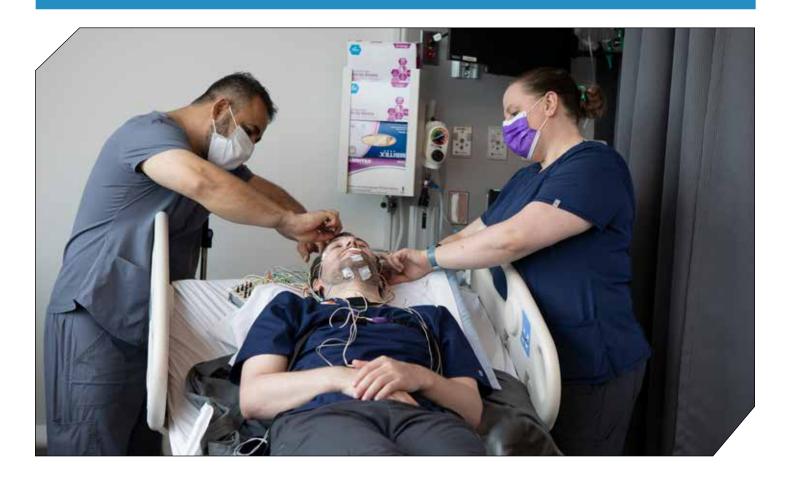
## Contact Admissions to get started! 402-437-2600, 800-642-4075 ext. 2600

**☑** admissions@southeast.edu



2024-2025 / » southeast.edu

### Polysomnographic Technology



Millions of people have a sleep disorder. Our Polysomnographic Technology program gives you the skills and knowledge to aid in the diagnosis and treatment of sleep disorders under physician supervision. You will learn how to gather and report accurate sleep data.

The most common reason to have a sleep study is being excessively tired. Sleep apnea is the primary sleep disorder diagnosed and treated in sleep centers.

The Polysomnographic Technology program is accredited by the Commission on Accreditation of Allied Health Education Programs (www.caahep.org) upon the recommendation of the Committee on Accreditation of Polysomnographic Technologist Education (CoAPSG): Commission on Accreditation of Allied Health Education Programs (CAAHEP); 25400 U.S. Highway 19 North, Suite 158; Clearwater, FL 33763; 727-210-2350; www.caahep.org (http://www.caahep.org/) This program leads to licensure or certification. Refer to the program's webpage for information on states and territories where this program does and does not meet requirements. For more

### Program Contact Information Kelly Cummins, Program Chair

information, contact the program director.

402-437-2780 or 800-642-4075, ext. 2780

Please email kcummins@southeast.edu for more information.

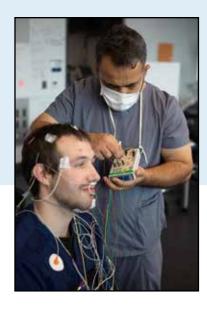
SCC is an equal opportunity educator and employer. SCC es un patrono con Igualdad de Oportunidades en el Empleo y la Educación. // southeast.edu/diversity // A0749 (08/24)

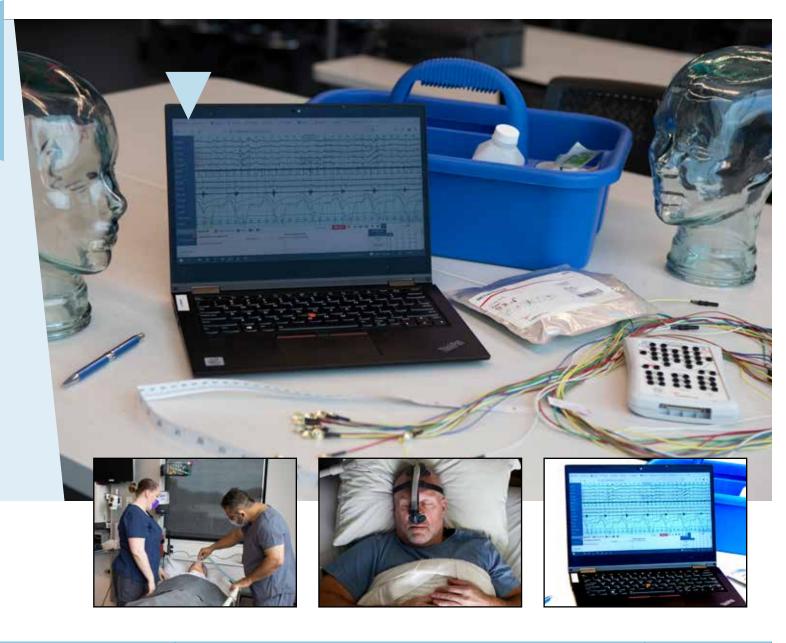
# The SCC Experience

- >>> SCC's Polysomnographic Technology program is an online, part-time program with clinical rotations completed at an approved sleep disorders center. It is one of the most cost-effective programs in the country.
- >>> Graduates are eligible to sit for the credentialing exam offered by the Board of Registered Polysomnographic Technologists.
- >> The program uses the American Academy of Sleep Medicine's ISR (Interscorer Reliability system) to practice scoring skills. The standard used by sleep professionals around the world.
- >>> Many of our students receive an additional degree to make themselves more marketable in the workforce. Respiratory Care is ideal.
- >>> Our interactive program focuses on outcomes.

#### Related Programs at SCC:

- Associate of Health Sciences
- Radiologic Technology
- Respiratory Care





| Program                        | What is the starting<br>term for each<br>program option? | In what term do<br>students start<br>clinicals? | Where do students participate in clinicals?  | In general, what time of day and days of the week can students expect to attend clinical?   | Will the program help student secure their sites?  Do students need to contact clinical sites prior to acceptance/placement?  | How many clinical hours<br>do students complete in<br>the program? |
|--------------------------------|--|---|--|---|---|--|
| Polysomnographic<br>Technology | Fall   | Spring  | The program makes every effort to identify clinical sites near the student's home. Sleep centers can be independent standing or in-hospital.  The program has previously secured sites in:  Minnesota South Dakota Nebraska Colorado Arizona Georgia Michigan New Jersey Georgia Georgia | Clinicals are scheduled from 6:30 p.m. to 7 a.m.  Days of the week are scheduled between the student and the clinical site, dependent on clinical availability. | The program works to identify clinical sites near the student's home. If one is not available, the student will need to travel to an existing clinical site (with availability) to complete the program. Space is always available at Nebraska sites.  Students are asked to provide names, emails and phone numbers of sleep centers in their area. It is recommended that students arrange to shadow a Sleep Tech prior to securing a contract. | 135  |

| Program                        | Credential  | Location | Credit<br>Hours | Tuition/Fees*             | Books/Fees/<br>Supplies | Tools | Total Cost*               | Starting<br>Term(s) | Number of<br>Semesters<br>Required-Full Time | Online<br>Option                      | Can the program be<br>completed entirely<br>online?                   | Part-<br>Time<br>Option | Number of Semesters<br>Required – Part Time | Is a summer<br>term required<br>for Part Time? | Typical Class Schedule   |
|--------------------------------|-------------|----------|-----------------|---------------------------|-------------------------|-------|---------------------------|---------------------|--|---------------------------------------|---|-------------------------|---|--|--|
| Polysomnographic<br>Technology | Certificate | Online   | 13              | R- \$1,599<br>NR- \$1,872 | \$560                   | \$75  | R- \$2,159<br>NR- \$2,507 | Fall                | No full-time status<br>option.               | Program is<br>only offered<br>online. | No. Lecture is online.<br>Clinical is in person at a<br>sleep center. | Yes                     | 3 terms<br>FA-SP-SU<br>+1 term pre-reqs     | Yes  | Classes are prerecorded and interactive. Students have the flexibility to log in to the online course when it's convenient for them.  Students will be required to attend clinicals in person at an approved site. |